

# Brow /Third Chakra 2nd Gate

**Tone:** A

**Frequency:** 426.7 Hz.

**Zodiac:** Capricorn

**Color:** Indigo

**Chakra:** Brow 3rd Eye – Ajna

**Vowel:** AYE (as in “say”)

**Bija:** Sham

**Element:** All

**Shabd Sound:** Bells/Space

**Energy:** Insight, Wisdom

**Mantra:** Om Ah Ra Pa Tsa Na Dhi Wisdom Buddha mantra of Lord Manjushri. Through the power of truth, make clear that which is necessary and that which is to be rejected.

